

Know Your Rights



Know your rights campaign dictionary

Act: is another word for a law. A law is something that everyone has to do.

Advocate: Someone who helps to support you when you make decisions. An advocate is someone who speaks up for you.

An advocate can:

- listen to what you think
- listen to what you are worried about
- help you to think about your choices
- help you to know your rights
- give you information to help you to make choices
- help you in meetings or appointments.

Assessment: an assessment is like a test or a check. When we say assessment in the know your rights campaign we mean the needs assessment. The needs assessment is how someone would check what help you need in everyday activities and tasks.

Assessor: an assessor is the person who does the needs assessment. It might be a social worker, an occupational therapist or someone else who has a similar job.

Department: when we say a department we usually mean a team of people or part of the government.

Duty: is something that someone has to do.

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Equality: means that everyone has the same opportunities.

Fees: means how much money something costs

Government: the group of people who lead the country. They make decisions and choices about the country and the people who live there. We chose our government by voting.

Guidance: means information about how to do something

Law: A law means a rule that everyone has to follow.

Local Authority: is a group that is in charge of services in your area (these might be places like schools, day services, homes)

NHS: is a group that is in charge of health care (like hospitals, doctors and nurses)

Rights: What you have to have or do (you can also choose not to have it)

Statutory: Something that has to be done