

Brighton & Hove CAMHS Autism Spectrum Disorder Care Pathway

[https://present.brighton-hove.gov.uk/Published/C00000824/M00004955/AI00035630/\\$ASCScrutinycommittee/pathwaypresentation2.pptA.ps.pdf](https://present.brighton-hove.gov.uk/Published/C00000824/M00004955/AI00035630/$ASCScrutinycommittee/pathwaypresentation2.pptA.ps.pdf)

The pathway includes a description of the assessment, diagnosis and management of ASD in children and young people. It also includes information and resources for parents and carers. It describes what would happen before a diagnosis and also what happens after; regardless of if a diagnosis has been made. A referral will be made after a diagnosis of autism if there is an accompanying mental health problem.

There is also information on post-diagnosis support: information about services available, psycho-education group (6-8 sessions) to help with behaviour management advice, and parents groups.

Leicestershire Children's Autism Pathway

<http://www.leicspart.nhs.uk/Library/V2ChildrensASDPathway230215.pdf>

The pathway overview includes: the process from suspected ASD to discharge and includes the initial screen, the referral for diagnosis, the confirmed diagnosis and the intervention package.

It contains quite detailed information for each stage and the pathway identifies how it meets the NICE and SIGN recommendations. There are some links to other sources of information and practical problem solving ideas.

Norfolk County Council (NHS)

[Please also refer to Norfolk ASD Pathway](#)

Pathway for Recognition, Referral, Assessment Management and Support of possible Autism in Children and Young People North, South, Norwich & West Norfolk (C&YP ASD Pathway) 2016

This pathway for Norfolk county council refers to the specific support that is provided pre referral up to post diagnosis support. It lists specific services that provide direct support in accordance with the NICE guidelines.

Short summary of report:

- Referral

Recognition Stage (advised referral to community paediatrician via GP)

All referrals for an ASD assessment should have an initial general paediatric assessment and relevant information included **(stated in the full pathway report)**.

- Assessment

All ASD assessments will be led by a core ASD team / panel including CAMHS & CFYPS which will ensure that the assessment is compliant with the standards within this pathway.

The assessment outcome will be either:

1. A diagnosis of ASD
2. A diagnosis of an alternative condition with referral to appropriate services
3. Diagnosis of ASD and a co-existing condition.
4. Further specific specialist assessment needed.
5. Where there is uncertainty regarding a diagnosis consideration needs to be given to whether to have a period of watchful waiting and / or planned review.
6. The ASD panel will offer a forum to clinicians where this will assist in the diagnostic process.
7. ASD not indicated signposting to the Healthy Child Programme and Local Offer.

Detailed diagrams of pathways included:

- Communicating the outcome of the assessment

Parents / carers must be informed in person at the conclusion of the assessment and in writing of the assessment outcome. The child or young person should be also informed as appropriate. Parents / carers / young people should be able to bring a supporter to any meetings if they wish.

- Second opinions

If there is a disagreement with the outcome, discussion of achieving second opinion

- Management & Support Post Diagnosis

All children diagnosed with ASD will receive:

- An invitation to attend a Post Diagnosis Follow Up (PDFU) Information Session with a health professional, as agreed by the assessment team.
- The agreed parent / carer information pack including:
 - Information on The Early Support Programme

- Information on local support services
- Information on the disability register
- Information on the Family Support Plans and Early help Hubs
- Access to Early Bird / Early Bird plus or Cygnet
- Additional health visiting support for children under 5 years.
- The offer of contact to the relevant educational support service.

- **Additional Services Available in Norfolk in accordance with NICE guidelines (specific services are recommended)**

Psycho Social Interventions: A range of social communication interventions that include play based strategies for parents, carers and teachers focused on increasing attention, engagement and reciprocal communication.

Interventions for Behaviour that challenges: Anticipating and preventing behaviour through assessment and care plans

Interventions for life skills

Information & support